



## Do-it-yourself Home Insulation: A Practical Guide to Insulating and Draughtproofing Your Home, as Well as Improving Ventilation

By Mike Lawrence

Anness Publishing. Hardback. Book Condition: new. BRAND NEW, Do-it-yourself Home Insulation: A Practical Guide to Insulating and Draughtproofing Your Home, as Well as Improving Ventilation, Mike Lawrence, This is a practical guide to insulating and draughtproofing your home, as well as improving ventilation. It is a guide to the different kinds of insulation materials available, including loose-fill, blanket and slab insulation, and how to fit them correctly. How to draughtproof your home to eliminate cold air coming through doors, windows, floorboards and letter boxes. It includes techniques for ventilating your home, such as fitting ceiling, window and wall extractor fans, and adding airbricks for extra circulation of air. It shows how to recognize different types of damp, whether from condensation or from penetrating or rising damp, and how to find a remedy. Overcoming common problems such as damp, condensation, dry rot and wet rot. Energy efficiency is an important issue today, and no one wants to waste money by losing heat from their roofs, walls or windows. With this practical guide, you will find out the different ways of insulating doors, windows, floors, walls and roofs, as well as reducing heat loss by protecting your home against currents of air...

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