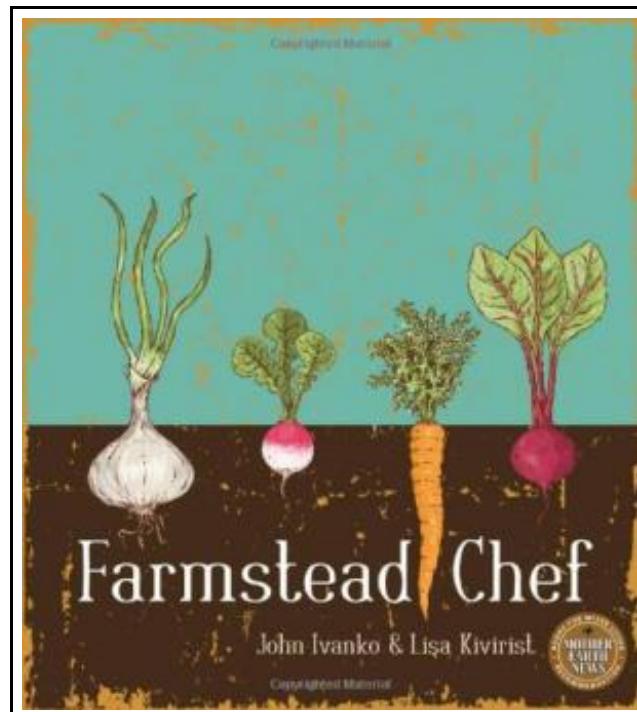


Farmstead Chef



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(Prof. Uriel Watsica III)

FARMSTEAD CHEF

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New Society Publishers. Paperback. Book Condition: new. BRAND NEW, Farmstead Chef, John D. Ivanko, Lisa Kivirist, Join Lisa Kivirist and John Ivanko, proprietors of the award-winning Inn Serendipity, as they launch a return to our roots of independence, self-sufficiency, and frugality, blended with the spice of modern living. Farmstead Chef whips up a quirky, homespun tale of how we can eat well, nourish our bodies, and restore the planet. Rediscover the benefits of homegrown food and homemade cooking, preserving the harvest, and stocking the pantry, all while building community. From breakfasts to mouth-watering desserts, Farmstead Chef showcases the creative and budget-friendly side to eating lower on the food chain more often while taking responsibility for the food we put into our bodies-by growing it, sharing it, and savoring it. Recipes include: * Zucchini Feta Pancakes * Winter Squash Fritters * Herb-Infused Spare Ribs * Strawberry Dessert Pizza * Homemade Graham Crackers After your meal, pull up a chair and enjoy inviting slice-of-life "Kitchen Table" features, such as interviews with local food heroes and visionaries transforming our food system. Farmstead Chef also shares practical cooking tips and lively short essays inspired by John and Lisa's organic, self-reliant homestead and bed and breakfast. This fully illustrated cookbook will show you how to reconnect with nature through food, especially when shared with friends. Lisa Kivirist and John Ivanko are co-authors of the award-winning Ecopreneuring and Rural Renaissance. Lisa is also a distinguished Kellogg Food and Society Policy Fellow, and John is co-author and principal photographer for six multicultural children's books. John and Lisa are innkeepers of the award-winning Inn Serendipity Bed & Breakfast.

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