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The Johns Hopkins Guide to Diabetes: For Patients and Families (2nd Revised edition)

By Christopher D. Saudek, Richard R. Rubin, Thomas W. Donner

Johns Hopkins University Press. Paperback. Book Condition: new. BRAND NEW, The Johns Hopkins Guide to Diabetes: For Patients and Families (2nd Revised edition), Christopher D. Saudek, Richard R. Rubin, Thomas W. Donner, Living with diabetes is a balancing act of monitoring blood glucose, food intake, and medication. It makes sense that individuals who have diabetes do best when they understand their condition and how to control it. The Johns Hopkins Guide to Diabetes is a comprehensive and easy-to-read guide to this complex condition, answering questions such as: What are the differences between Type 1 and Type 2 diabetes? How are the different forms of this disease treated? Can gestational diabetes become a permanent condition? Can diabetes ever be managed successfully with diet and exercise alone? The second edition of this valued resource includes up-to-date information on: how diabetes is diagnosed; the two types of diabetes; the role of genetics; improvements in blood glucose measurement; good nutrition and regular exercise; insulin and non-insulin medications; insulin pumps; the emotional side of diabetes; how families are affected and how they can help; what to do if diabetes affects your work; and complications from head to toe. Written by a team of Johns Hopkins...



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Reviews

An incredibly amazing ebook with perfect and lucid answers. It is written in basic terms and never difficult to understand. It's been written in an exceptionally basic way and it is only right after I finished reading this ebook in which it in fact modified me, affected the way I really believe.

-- **Beverly Hoppe**

Extremely helpful for all class of individuals. Better than never, though I am quite late in starting reading this one. I realized this publication from my I and dad suggested this ebook to discover.

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